What is claimed is:

1	1. A method of forming an injection molded plastic part in a
2	mold, comprising:
3	sealing the mold to prevent gas leakage from the mold cavity;
4	applying an initial gas pressure in the mold cavity;
5	injecting plastic material into the mold cavity;
6	increasing the gas pressure in the mold cavity up to a preselected
7	value;
8	injecting gas into the plastic material after 90%-99% of the
9	preselected amount of plastic material has entered the mold cavity;
10	venting the gas from the mold cavity at a controlled rate;
11	allowing the plastic material to harden forming a hollow molded
12	article;
13	venting the gas from the hollow molded article; and
14	removing the completed plastic article from the mold.
1	2. The method of forming an injection molded plastic part
2	as recited in claim 1 wherein the initial gas pressure is supplied from a first gas
3	source and said injection of gas is supplied from a second gas source.
1	3. The method of forming an injection molded plastic part
1	
2	as recited in claim 2 wherein the first and second gas sources are the same.
1	4. The method of forming an injection molded plastic part
2	as recited in claim 1 wherein the step of removing the completed plastic part
3	from the mold comprises opening the mold and ejecting the part.
1	5. The method of forming an injection molded plastic part
2	as recited in claim 4 wherein the part is ejected from the mold by at least one
3	ejector pin assembly.

l	6. The method of forming an injection morded plastic part
2.	as recited in claim 1 wherein the gas is injected into the plastic material by at
3	least one gas pin assembly.
1.	7. The method of forming an injection molded plastic part
2	as recited in claim 1 wherein the gas pressure in the mold cavity is maintained
3	at a pre-selected value by a gas control mechanism.
1	8. The method of forming an injection molded plastic part
2	as recited in claim 7 wherein said gas control mechanism is infinitely
3	adjustable.
1	9. The method of forming an injection molded plastic part
2	as recited in claim 1 further comprising the step of venting the injected gas from
3	the plastic material before the part is removed from the mold.
1	10. The method of forming an injection molded plastic part
2	as recited in claim 9 wherein the injected gas is vented through a gas pin
3	assembly.
1	11. The method of forming an injection molded plastic part
2	as recited in claim 7 wherein said gas control mechanism comprises a vent
3	valve.
1	12. A system for forming an injection molded plastic part in a
2	mold comprising:
3	a mold, said mold having a part-forming mold cavity therein;
4	sealing members for sealing said mold cavity and preventing gas
5 , ,	leakage therefrom;
6	a first gas source for supplying a gas into the mold cavity to pre-
7	pressurize the mold cavity to a first pre-determined value;
8	a vent valve for removing said gas from the mold cavity as
9	desired;

0	a gas control mechanism for maintaining the gas pressure in the
1	mold cavity at a second pre-determined value;
2	a source for injecting molten plastic material into the mold
3	cavity;
.4	a gas pin assembly for supplying gas into the plastic material in
.5	the mold cavity; and
6	a second gas source for supplying gas to said gas pin assembly.
1	13. The system as recited in claim 12 further comprising:
2	at least one ejector pin assembly for ejecting the completed
3	plastic part from the mold cavity.
1	14. The system as recited in claim 12 wherein said first and
2	second gas source are the same source.
1	15. The system as recited in claim 12 wherein said gas
2	control mechanism comprises an infinitely adjustable gas control valve.